

# 8 WEEK TRAUMA INFORMED GROUPS BLEARNING COLLABORATIVES

## WITH DR. AMY & PCAO

## → Trauma-Informed Groups & Learning Collaboratives

Dr. Amy and team specialize in helping professionals answer two critical questions. What does trauma look like in children and families? And, what do we do to mitigate trauma and build resilience?

## **Topics Include**

### Collaborative Agendas include but are not limited to:

- Overdose & Drug Use
- Abuse Reporting
- Teacher Safety at Home Visits
- Complex Student Behavior
- Culturally Specific Parenting Groups
- Sexual Abuse
- Feeling Expression
- Suicidality
- Resilience
- Cyberbullying
- Felt Safety

## Feedback from 8-week groups with PCAO

Significant growth in understanding trauma in children

Increased understanding of historical and intergenerational trauma

Ability to cultivate a more traumasensitive environment

Able to educate parents about environments that create resilience

60% of participants feel more skilled in engaging and training families.

80% of participants would like ongoing support.

90% of participants would recommend this training to others.

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"This is so valuable and important for people working with families to have this training and support. If we want to see a shift in our society, we have to shift our approach. I can see it and feel it. Dr. Amy is helping professionals understand how to be more impactful in their work and their own lives. Please keep supporting this work. Thank you!"

Participant in a PCAO 8-week Consult Group





## CARDS for CONNECTION

#### NURTURING FAMILIES & CHILDREN AT EVERY ENCOUNTER

Welcome to Cards for Connection, our signature certification curriculum designed to address adversities that children and families face by building strong, connected relationships with them. As a Champion in the lives of children, you are uniquely positioned to provide doses of resilience at every encounter.

#### Cards for Connection Certification Course

If you're a solo learner or an organization eager to bolster resilience in children and families, our digital training is tailored for you. Enjoy the freedom of learning at your own pace or customizing your training days with 24/7 access to 12 hours of pre-recorded sessions. You're in the driver's seat when it comes to enhancing connections and resilience.

#### Pricing for Digital Learning

For organizations, we offer tiered group pricing with an attractive 20% discount. Fit the training into your schedule, whether all at once or gradually over time.

- Individual Rate: \$697
- Tier 1 (1-12 people): \$6,691
- Tier 2 (up to 25 people): \$13,940
- Tier 3 (up to 35 people): \$19,516
- Tier 4 (up to 50 people): \$29,623

## 2-Year Certification Includes

- \* Access to Online Resources & Digital Training
  - Uncover over 12 hours of comprehensive training materials and resources
- \*\* Access to Cards for Connection
  Unlock the over 30 transformative cards designed to enhance relational and social-emotional well-being in families
- Option for Certification Renewal at Low Cost Stay current with the latest research & updates by opting for recertification after 2 years
- ConnectEd Collab Membership: FREE for In-Person Trainings & Discounted Rate for Digital Certification Extend your journey by becoming a part of the learning collaborative, ConnectEd Collab, for like-minded professionals

The Cards help talk about topics that were hard to talk about before. They really help break it down into small things that are doable for the families. I have had good feedback from my families, particularly about topics which I feel like I never really got into before Cards for Connection. I feel like there is so much value in these topics that it is worth the investment.

Jennifer Bass, MD

## → Cards for Connection Live Certification Training

Bring Dr. Amy & her team to you, offering in-person, hands-on experiences that bring learning to life. Immerse your team in expert-led sessions, interactive processes, and collaborative training that take your organization to the next level. Best of all, travel and time are factored into the investment and there's a larger discount given to make trainings more accessible for larger organizations.

#### Pricing for Live Training

Choose your age group to focus our training:

#### **Prenatal through Early Adulthood Training**

- Tier 1 (1-12 people) 2 Day: \$20,000
- Tier 2 (12-25) 2 Day: \$24,925
- Tier 3 (25-35) 2 Day, 10% Off: \$31,406
- Tier 4 (35-50) 2 Day, 20% Off: \$39,880
- Tier 5 (50+) 2 Day: Please inquire!

#### Making a Difference in Little Lives Training (Ages 0-5)

#### 1 Day Training

- Up to 12 people: \$11,964
- Up to 25 people: \$24,925

#### 2 Days Training

Up to 35 people - 10% Discount: \$31,406
 Up to 50 people - 20% Discount: \$39,880

Dr. Amy's workshop was mind-blowing. There were so many practical things that no one has ever said to me and I've never read anywhere. Too many times, speakers are too perfect and haven't dealt with any of the things they are presenting. Amy is real. My husband and I both left her training feeling empowered.

Attendee of the Trauma and Resilience Workshop